

Lunch

Available 12 – 2pm

Sandwiches

(All served with Salad on a choice of **Wholemeal Bread, Baguette or Ciabatta**)

Cumberland Sausage and Red Onion Marmalade

Roasted Pepper, Red Onion, Goat's Cheese and Pesto

Roast Ham, Tomato and Mustard

Cajun Spiced Chicken and Soured Cream

Bacon, Brie and Cranberry

£5.95 each

Soup and a Sandwich

£9.00

Lighter Lunches

Honey Roast Ham with Poached Eggs, Salad, Home-made Chutney and Home-made Chips

Char-grilled Piri Piri Spiced Chicken Salad with a warm Salad of Garlic, Potatoes, Rocket, Red Onion, Sun-dried Tomatoes and a Sour Cream Dressing

Warm Salad of Shredded Confit of Duck Leg with a Hoisin sauce and Roasted New Potatoes

Warm Salad of Baked Goat's Cheese, Rocket, Pear and Walnut with a Balsamic Dressing and Roasted New Potatoes

£10.50 each

Blacksmiths Arms, Broughton Mills Broughton in Furness Cumbria LA20 6AX

Tel: 01229 716824

www.theblacksmithsarms.co.uk

Classics

12 – 2pm and 6-9pm

Slow-Braised Shoulder of Minted Lamb “Henry” with Parsnip Crisps,
Roasted Root Vegetables and Dauphinois Potatoes

£15.50

Beer Battered Cod Fillet with Peas, Home-made Chips and Tartare Sauce

£12.50

Char-grilled 12oz Sirloin Steak with Button Mushrooms, Roasted
Tomato, Crispy Onions, Rocket and Parmesan, Aioli and Homemade
Chips

£17.95

12oz Gammon Steak with Roasted Tomato, Pineapple or Free Range
Eggs and Chips

£12.95

8oz Blacksmiths Arms Burger in a Ciabatta Roll with Salad, Crispy
Onions and Chips

£12.50

Side-Orders and Extras

Mixed Salad

Roasted Root Vegetables

Fricassée of Greens

Home-made Chips

Onion Rings with Aioli

£2.95 each

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Winter Set Menu

Starters

Celeriac and Hazelnut Soup with Apple and Chipped Garlic

Beetroot Cured Salmon, Sourdough and Beetroot Salsa

Cèpe Arancini, Truffle Emulsion and Thyme Oil

Ham Hock and Smoked Chicken Terrine, Pickled Pineapple and Black
Pudding Bon-Bon

Main Courses

Pan Roasted Duck Breast, Confit Duck Leg and Potato Pie, Parsnip
Purée, Savoy Cabbage and a Winter Berry Reduction

Leek and Potato Gratin, Crispy Leeks, Garden Peas and Kale

Thyme Basted Pork Tenderloin, Fondant Potato, Baked Apple, Squash
Purée and a Mulled Cider Jus

Seared Sea Trout, Green Vegetable Fricassée, Sauté New Potatoes with a
Lemon and Parsley Beurre Blanc

Roasted Chicken Supreme, Pork Dumpling, Savoy Cabbage, Parmesan
Baked Cauliflower, Parmentier Potatoes and a Chicken and Thyme Sauce

Puddings

Lakes Whisky Parfait with Poached Plums and Oats

Chargrilled Pineapple, Pina Colada Sorbet and Fresh Mint

Ginger Parkin, Raisins and Rum Ice Cream

Three Local Cheeses with Biscuits and Homemade Chutney

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Two Courses £22.95
Three Courses £27.95