

Lunch

12 – 2pm

Sandwiches

(All served with Salad on a choice of **Wholemeal Bread, Baguette or Ciabatta**)

Cumberland Sausage and Red Onion Marmalade

Roasted Pepper, Red Onion, Goat's Cheese and Pesto

Roast Ham, Tomato and Mustard

Cajun Spiced Chicken and Soured Cream

Bacon, Brie and Cranberry

£5.95 each

Soup

£5.25 or with a Sandwich £9.00

Lighter Lunches

Honey Roast Ham with Poached Eggs, Salad, Home-made Chutney and
Home-made Chips

Char-grilled Piri Piri Spiced Chicken Salad with a warm Salad of Garlic,
Potatoes, Rocket, Red Onion, Sun-dried Tomatoes and a Sour Cream
Dressing

Warm Salad of Shredded Confit of Duck Leg with a Hoisin sauce and
Roasted New Potatoes

Warm Salad of Baked Goat's Cheese, Rocket, Pear and Walnut with a
Balsamic Dressing and Roasted New Potatoes

£10.50 each

Blacksmiths Arms, Broughton Mills Broughton in Furness Cumbria LA20 6AX

Tel: 01229 716824

www.theblacksmithsarms.co.uk

Starters

12 – 2pm

Parsnip and Rosemary Soup with Bread and Butter

£5.50

Beetroot Cured Salmon, Sourdough, Crispy Capers and Beetroot Jam

£6.75

Cep Arancini, Truffle Emulsion, Thyme Oil, Cep Powder and Pea shoots

£6.95

Classics

12 – 2pm and 6-9pm

Slow-Braised Shoulder of Minted Lamb “Henry” with Parsnip Crisps,

Roasted Root Vegetables and Dauphinois Potatoes

£15.50

Beer Battered Cod Fillet with Peas, Home-made Chips and Tartare Sauce

£12.50

Char-grilled 12oz Sirloin Steak with Button Mushrooms, Roasted
Tomato, Crispy Onions, Rocket and Parmesan, Aioli and Homemade

Chips

£18.95

12oz Gammon Steak with Roasted Tomato, Pineapple or Free Range

Eggs and Chips

£12.95

8oz Blacksmiths Arms Burger in a Ciabatta Roll with Salad, Crispy

Onions and Chips

£12.50

Side-Orders and Extras

Rocket Salad

Roasted Root Vegetables

Fricassée of Greens

Home-made Chips

Chorizo and New Potatoes

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£2.95 each

Set Lunch Menu

Starters

Parsnip and Rosemary Soup and Bread

Duck Liver Parfait, Homemade Marmalade and Sourdough Toast

Tempura of King Prawns served with a Pak Choi and Rocket Salad and a Sweet Chilli Dipping Sauce

Main Courses

Calves Liver and Onions, Roasted New Potatoes, Green Beans and Veal Jus

Spiced Aubergine Tagine, Apricot and Rocket Salad and Garlic Roasted New Potatoes

Char-grilled 6oz Rump Steak on a Warm Salad of Roasted New Potatoes, Bacon, Garlic, Rocket and Sun-dried Tomato with Salsa Verde

Beer Battered Cod Fillet, Hand Cut Chips, Garden Peas and Homemade Tartare Sauce

Starter £5.50

Main Course £10.95

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2 Courses £14.95